



*Breakfast/Snack will not be served
Delayed openings*

Lyndeborough Central School



Fruits and Veggies are served daily.
Choice of main Entree' or Fruit Parfait or Cereal
: Each Student must take a cupped or fresh Fruit and or a
Vegetable for their Breakfast
We offer 100% Juice, 1% Milk and Fat Free Flavored Milk.

For more information please contact
Food Service Director Megan Nantel 603-732-9192
FRES (LCS Breakfast) Site Coord Kristi Costello 603-732 9283
WLC (LCS Lunch) Site Coord Melodie Jones 603-732-9344
<https://www.mymealtime.com/>

BREAKFAST MENU

Note: Menus are subject to change without notice

Breakfast Prices Student \$1.80
Reduced: FREE
Milk or Juice alone \$.50
Adult Breakfast: \$2.00

Monday

2

Muffin
or Cereal
or Pop Tart
Assorted Juice
Assorted Fresh and
Cupped Fruit
Milk

Tuesday

3

Breakfast Bread
or Cereal
or Pop Tart
Assorted Juice
Assorted Fresh and
Cupped Fruit
Milk

Wednesday

4

Dunkin Stick
or Cereal
or Pop Tart
Assorted Juice
Assorted Fresh and
Cupped Fruit
Milk

Thursday

5

Muffin
or Cereal
or Pop Tart
Assorted Juice
Assorted Fresh and
Cupped Fruit
Milk

Friday

6

Breakfast Bread
or Cereal
or Pop Tart
Assorted Juice
Assorted Fresh and
Cupped Fruit
Milk

9

Assorted Cereal
Juice
Assorted Fresh and
Cupped Fruit
Milk

10

11

12

13

All Breakfast Served with

100% Juice / 1%Milk of Fat Free Chocolate Milk

Fruit Parfait consist of: Fruit yogurt and granola

This Institution is an Equal Opportunity Provider