



Lyndeborough Central School



NOVEMBER

Fruits and Veggies are served daily.
We offer 100% Juice, 1% Milk and Fat Free Flavored Milk.

Food Service Director Megan Nantel 603-732-9344
FRES/LCS Site Coord Tammy Smith 603-732 9283
WLC Site Coordinator Melodie Jones 603-732-9344
<https://www.mymealtime.com/>

BREAKFAST MENU

Menu subject to change due to product availability

Breakfast Prices Student \$1.80
Reduced: FREE
Milk or Juice alone \$.50
Adult Breakfast: \$2.00

Monday

Tuesday

Wednesday

Thursday

Friday

1

WG Donut
OR Breakfast
Break Pack
Assorted Juice
Pear
Milk

2

Yogurt Smoothie
OR Breakfast
Break Pack
Assorted Juice
Apple Slices
Milk

3

WG Bagel
Cream Cheese 1 oz
OR Breakfast
Break Pack
Assorted Juice
Grapes
Milk

6

WG Muffin 2oz
OR Breakfast
Break Pack
Assorted Juice
Apple Slices
Milk

7

Yogurt Parfait, Fruit
WG Granola
OR Breakfast
Break Pack
Assorted Juice
Apple Slices
Milk

8

WG Donut
OR Breakfast
Break Pack
Assorted Juice
Pear
Milk

9

Yogurt Smoothie
OR Breakfast
Break Pack
Assorted Juice
Apple Slices
Milk

10

Veteran's Day
No School

13

Parent Teacher conference
No School

14

Yogurt Parfait, Fruit
WG Granola
OR Breakfast
Break Pack
Assorted Juice
Apple Slices
Milk

15

WG Donut
OR Breakfast
Break Pack
Assorted Juice
Pear
Milk

16

Yogurt Smoothie
OR Breakfast
Break Pack
Assorted Juice
Apple Slices
Milk

17

WG Bagel
Cream Cheese 1 oz
OR Breakfast
Break Pack
Assorted Juice
Grapes
Milk

20

WG Muffin 2oz
OR Breakfast
Break Pack
Assorted Juice
Apple Slices
Milk

21

Yogurt Parfait, Fruit
WG Granola
OR Breakfast
Break Pack
Assorted Juice
Apple Slices
Milk

22

NO SCHOOL TODAY
Holiday break

23

NO SCHOOL TODAY
Holiday break

24

NO SCHOOL TODAY
Holiday break

27

WG Muffin 2oz
OR Breakfast
Break Pack
Assorted Juice
Apple Slices
Milk

28

Yogurt Parfait, Fruit
WG Granola
OR Breakfast
Break Pack
Assorted Juice
Apple Slices
Milk

29

WG Donut
OR Breakfast
Break Pack
Assorted Juice
Pear
Milk

30

Yogurt Smoothie
OR Breakfast
Break Pack
Assorted Juice
Apple Slices
Milk

All Breakfast Served with
100% Juice and 1% Milk of Fat Free Chocolate Milk
This Institution is an Equal Opportunity Provider