


**Florence Rideout
Elementary School**

"À la carte" items are individual snacks/ice cream and are priced and ordered separately



We offer 1% Milk, and Fat Free Chocolate Milk :
: Each Student must take a Fruit and or a Vegetable for their lunch :
You can still order Ice Cream for Birthdays Just let us know 2 weeks in advance

For more information please contact
Food Service Director Megan Nantel 603-732-9192
FRES (LCS Breakfast) Site Coord Kristi Costello 603-732 9283
WLC (LCS Lunch) Site Coord Melodie Jones 603-732-9344
<https://www.mymealtime.com/>

LUNCH MENU

Note: Menus are subject to change without notice

Lunch Meal Prices
Reduced \$.40
Paid \$3.05
Adult \$4.00
Milk alone \$.50

Monday	Tuesday	Wednesday	Thursday	Friday
<div>2</div> <p>American Chop Suey Green Beans Assorted Fresh and Cupped Fruit Assorted Fresh Vegetables Milk</p>	<div>3</div> <p>Chicken Tenders Pretzels Cheese Sauce Roasted Broccoli Assorted Fresh and Cupped Fruit Assorted Fresh Vegetables Milk</p>	<div>4</div> <p>WLC Rib Sandwich Corn on the Cob Coleslaw Assorted Fresh and Cupped Fruit Assorted Fresh Vegetables Milk</p>	<div>5</div> <p>FRES Field Day Hamburger or Or Cheeseburger Hot Dog Potato Salad with egg Baked Chips Watermelon Garden Salad Frozen Treat Milk</p>	<div>6</div> <p>Bosco Sticks Marinara Dipping Cup Garden Salad Assorted Fresh and Cupped Fruit Assorted Fresh Vegetables Milk</p>
<div>9</div> <p>Grab and Go SBJ String Cheese Baked Chips Apple Carrot Grandma's Chocolate Chip Milk</p>	<div>10</div>	<div>11</div>	<div>12</div>	<div>13</div>

Side/Entee Garden Salad Consist of: Romaine lettuce Carrots Cucumbers, Tomatoes, Peppers, celery.: Chicken choices: Teriyaki, Crispy, Italian, BBQ, Mandarin Orange Dressings: Golden Italian, Balsamic Vinaigrette, Raspberry Vinaigrette, Creamy Caesar, Ranch. Cold Daily Options Boxes Entree s Ham and Cheese or Turkey and Cheese Wraps, Sunbutter and Jelly Sandwich, Pizza Lunchable or Fruit Parfait with a cheese stick and granola Mixture of Fresh and Cupped Fruit. Fresh vegetables with Dip offered daily

This Institution is an Equal Opportunity Provider