


**Florence Rideout
Elementary School**

*Breakfast/Snack will not be served Delayed openings



Fruits and Veggies are served daily.
Choice of main Entree' or Fruit Parfait or Cereal
: Each Student must take a cupped or fresh Fruit and or a
Vegetable for their Breakfast
We offer 100% Juice, 1% Milk and Fat Free Flavored Milk.

For more information please contact
Food Service Director Megan Nantel 603-732-9192
FRES (LCS Breakfast) Site Coord Kristi Costello 603-732 9283
WLC (LCS Lunch) Site Coord Melodie Jones 603-732-9344
<https://www.mymealtime.com/>

BREAKFAST MENU

Note: Menus are subject to change without notice

Breakfast Prices Student \$1.80
Reduced: FREE
Milk or Juice alone \$.50
Adult Breakfast: \$2.00

Monday	Tuesday	Wednesday	Thursday	Friday
<div>2</div> <p>Cinnamon Roll Bacon Or Assorted Cereal Parfait/Smoothie Juice Assorted Fresh and Cupped Fruit Milk</p>	<div>3</div> <p>Breakfast Sandwich or Cereal Assorted Juice Assorted Fresh and Cupped Fruit Milk</p>	<div>4</div> <p>Donut or Cereal Assorted Juice Assorted Fresh and Cupped Fruit Milk</p>	<div>5</div> <p>Yogurt Breakfast or Cereal Assorted Juice Assorted Fresh and Cupped Fruit Milk</p>	<div>6</div> <p>French Toast Sausage Links Syrup or Cereal Parfait/Smoothie Juice Assorted Fresh and Cupped Fruit Milk Or Oatmeal</p>
<div>9</div> <p>Assorted Cereal Juice Assorted Fresh and Cupped Fruit Milk</p>	<div>10</div>	<div>11</div>	<div>12</div>	<div>13</div>

**All Breakfast Served with
100% Juice / 1%Milk of Fat Free Chocolate Milk
Fruit Parfait consist of: Fruit yogurt and granola
This Institution is an Equal Opportunity Provider**