



Florence Rideout Elementary School



MARCH

We offer 1% Milk, and Fat Free Chocolate Milk
Each Student must take a Fruit and or a Vegetable for their lunch
You can still order Ice Cream for Birthdays Just let us know
2 weeks in advance

For more information please contact
Food Service Director Megan Nantel 603-732-9192
FRES (LCS Breakfast) Site Coord Kristi Costello 603-732-9283
WLC (LCS Lunch) Site Coord Melodie Jones 603-732-9344
<https://www.mymealtime.com/>

LUNCH MENU

Note: Menus are subject to change without notice

Lunch Meal Prices
Reduced \$.40
Paid \$3.05
Adult \$4.00
Milk alone \$.50

Monday

3

Dr. Seuss Week
Poodles and Noodles
with
Butter Sauce
Sneetches Popcorn Chicken
One Fish Two Fish
Red Fish Goldfish
Assorted Fresh Fruit
and Cupped Fruit
Assorted Fresh
Vegetables
Milk

Tuesday

4

Dr. Seuss Week
Go Dog Go
Hot Dog on a Bun
Summer Pasta Salad
Seuss Cheese Stick
Assorted Fresh Fruit
and Cupped Fruit
Assorted Fresh
Vegetables
Milk

Wednesday

5

Dr. Seuss Week
The Big Orange Chicken
Veggie Fried Rice
Broccoli Trees
Assorted Fresh Fruit
and Cupped Fruit
Assorted Fresh
Vegetables
Dressing
Milk

Thursday

6

Dr. Seuss Week
Green Eggs & Ham
Hop on Pop Pancakes
Whoville Hashbrowns
Assorted Fresh Fruit
and Cupped Fruit
Assorted Fresh
Vegetables
Milk

Friday

7

Dr. Seuss Week
I Will Eat Pizza Here
or There
Cat in the Hat Kabobs
Garden Salad
Assorted Fresh Fruit
and Cupped Fruit
Assorted Fresh
Vegetables
Milk

10

Chicken Broccoli
Alfredo
Assorted Fresh Fruit
and Cupped Fruit
Assorted Fresh
Vegetables
Dressing
Milk

11

Beef Taco
on a Crunchy Shell
or a Tortilla
Mexican street Corn
Fiesta Rice
Assorted Fresh Fruit
and Cupped Fruit
Assorted Fresh
Vegetables
Dressing
Milk

12

Chicken and Waffles
Chicken Tenders
Assorted Fresh Fruit
and Cupped Fruit
Assorted Fresh
Vegetables
Italian Dressing
Milk

13

Chili
Corn Bread
Assorted Fresh Fruit
and Cupped Fruit
Assorted Fresh
Vegetables
Italian Dressing
Milk

14

Bosco Sticks
Marinara Sauce
Garden Salad
Italian Dressing
Assorted Fresh Fruit
and Cupped Fruit
Assorted Fresh
Vegetables
Milk

17

Irish Potato Nachos
Corn Beef
Sliced potato
Roasted Cabbage
and Carrots
Assorted Fresh Fruit
and Cupped Fruit
Assorted Fresh
Vegetables
Milk

18

Minestrone Soup
Side Garden Salad
Assorted Fresh Fruit
and Cupped Fruit
Assorted Fresh
Vegetables
Milk

19

Grilled Chicken
Sandwich
Onion Rings
Green Beans
Assorted Fresh
Vegetables
Assorted Fresh Fruit
and Cupped Fruit
Italian Dressing
Milk

20

Popcorn Shrimp
Rice Pilaf
Assorted Fresh Fruit
and Cupped Fruit
Assorted Fresh
Vegetables
Dressing
Cocktail Sauce
Milk

21

Pizza
Garden Salad
Assorted Fresh Fruit
and Cupped Fruit
Assorted Fresh
Vegetables
Milk

24

American Chop Suey
Green Beans
Assorted Fresh Fruit
and Cupped Fruit
Assorted Fresh
Vegetables
Dressing
Milk

25

Crustless Turkey
Pot Pie
Peas
Carrots
Potato
Biscuit
Assorted Fresh Fruit
and Cupped Fruit
Assorted Fresh
Vegetables
Milk

26

Korean Beef
Rice Bowl
Korean Cucumber
Pickles
Assorted Fresh Fruit
and Cupped Fruit
Assorted Fresh
Vegetables
Milk

27

Bosco Sticks
Garden Salad
Italian Dressing
Assorted Fresh Fruit
and Cupped Fruit
Assorted Fresh
Vegetables
Milk
Marinara Dipping Cup

28

No School

31

Cheese Tortellini
with Pesto
Zucchini Squash
Summer Squash
Side Caesar Salad
Italian Dressing
Assorted Fresh Fruit
and Cupped Fruit
Assorted Fresh
Vegetables
Dressing
Milk

Side/Entree Garden Salad Consist of: Romaine lettuce Carrots Cucumbers Tomatoes, Peppers, Chickpeas, Italian Dressing Chicken choices: Teriyaki, Crispy, Italian, BBQ, Mandarin Orange Dressings: Golden Italian, Balsamic Vinaigrette, Raspberry Vinaigrette, Creamy Caesar, Ranch Cold Daily Options Boxes Entree s Ham and Cheese or Turkey and Cheese Wraps Sunbutter and Jelly Sandwich, Pizza Lunchable or Fruit Parfait with a cheese stick and granola Mixture of Fresh and Cupped Fruit. Fresh vegetables with Dip offered daily

This Institution is an Equal Opportunity Provider