

Breakfast/Snack will not be served Delayed openings*



MARCH

Fruits and Veggies are served daily. Choice of main Entree' or Fruit Parfait or Cereal : Each Student must take a cupped or fresh Fruit and or a Vegetable for their Breakfast

We offer 100% Juice, 1% Milk and Fat Free Flavored Milk.

For more information please contact Food Service Director Megan Nantel 603-732-9192 FRES {LCS Breakfast} Site Coord Kristi Costello 603-732 9283

WLC {LCS Lunch} Site Coord Melodie Jones 603-732-9344

https://www.mymealtime.com/

Lyndeborough Central School

BREAKFAST MENU

Note: Menus are subject to change without notice

Breakfast Prices Student \$1.80 Reduced: FREE Milk or Juice alone \$.50 Adult Breakfast: \$2.00

Monday

Tuesday

Wednesday

Thursday

Friday

3

Muffin OR Breakfast Break Pack Assorted Juice Assorted Fresh Fruit and Cupped Fruit Milk

Breakfast Bread OR Breakfast Break Pack Assorted Juice Banana Assorted Fresh Fruit and Cupped Fruit Milk

Dunkin Stick OR Breakfast Break Pack Assorted Juice Assorted Fresh Fruit and Cupped Fruit Pear Milk

6

Muffin Breakfast Bread OR Breakfast OR Breakfast Break Pack Break Pack Assorted Juice Assorted Juice Apple Slices Assorted Fresh Fruit and Cupped Fruit Milk Milk

Banana Assorted Fresh Fruit and Cupped Fruit

10

Muffin OR Breakfast Break Pack Assorted Juice Assorted Fresh Fruit and Cupped Fruit Milk

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Breakfast Bread OR Breakfast Break Pack Assorted Juice Banana Assorted Fresh Fruit and Cupped Fruit Milk

12

Dunkin Stick OR Breakfast Break Pack Assorted Juice Assorted Fresh Fruit and Cupped Fruit Pear Milk

13

20

27

Muffin OR Breakfast Break Pack Assorted Juice Apple Slices Assorted Fresh Fruit and Cupped Fruit Milk

14

Breakfast Bread OR Breakfast Break Pack Assorted Juice Banana Assorted Fresh Fruit and Cupped Fruit Milk

17

Muffin OR Breakfast Break Pack Assorted Juice Assorted Fresh Fruit and Cupped Fruit Milk

18

Breakfast Bread OR Breakfast Break Pack Assorted Juice Banana Assorted Fresh Fruit and Cupped Fruit Milk

19

Dunkin Stick OR Breakfast Break Pack Assorted Juice Assorted Fresh Fruit and Cupped Fruit Pear Milk

Muffin OR Breakfast Break Pack Assorted Juice Apple Slices Assorted Fresh Fruit and Cupped Fruit Milk

21

Breakfast Bread OR Breakfast Break Pack Assorted Juice Banana Assorted Fresh Fruit and Cupped Fruit Milk

24

Muffin OR Breakfast Break Pack Assorted Juice Assorted Fresh Fruit and Cupped Fruit Milk

25

Breakfast Bread OR Breakfast Break Pack Assorted Juice Banana Assorted Fresh Fruit and Cupped Fruit Milk

Dunkin Stick OR Breakfast Break Pack Assorted Juice Assorted Fresh Fruit and Cupped Fruit Pear Milk

26

Muffin OR Breakfast Break Pack Assorted Juice **Apple Slices** Assorted Fresh Fruit and Cupped Fruit Milk

28

Breakfast Bread OR Breakfast Break Pack Assorted Juice Banana Assorted Fresh Fruit and Cupped Fruit Milk

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Muffin OR Breakfast Break Pack Assorted Juice Assorted Fresh Fruit and Cupped Fruit Milk

All Breakfast Served with 100% Juice / 1%Milk of Fat Free Chocolate Milk Fruit Parfait consist of: Fruit yogurt and granola This Institution is an Equal Opportunity Provider