


# Florence Rideout Elementary School

\*Breakfast/Snack will not be served Delayed openings\*



# MAY

Available Daily

- Assorted Milk Varieties
- Fresh and cupped fruit
- 100% Fruit Juice

For more information please contact  
 Food Service Director Megan Nantel 603-732-9192  
 FRES (LCS Breakfast) Site Coord Kristi Costello 603-732 9283  
 WLC (LCS Lunch) Site Coord Melodie Jones 603-732-9344  
<https://www.mymealtime.com/>

## BREAKFAST MENU

Note: Menus are subject to change without notice

Breakfast Prices Student \$1.80  
 Reduced: FREE  
 Milk or Juice alone \$.50  
 Adult Breakfast: \$2.00

Monday	Tuesday	Wednesday	Thursday	Friday
			1 NO SCHOOL TODAY Spring Break	2 NO SCHOOL TODAY Spring Break
5 Cinnamon Roll Bacon Or Assorted Cereal Parfait/Smoothie Juice Assorted Fresh and Cupped Fruit Milk	6 Breakfast Sandwich or Cereal Assorted Juice Assorted Fresh and Cupped Fruit Milk	7 Donut or Cereal Assorted Juice Assorted Fresh and Cupped Fruit Milk	8 Yogurt Breakfast or Cereal Assorted Juice Assorted Fresh and Cupped Fruit Milk	9 French Toast Sausage Links Syrup or Cereal Parfait/Smoothie Juice Assorted Fresh and Cupped Fruit Milk Or Oatmeal
12 Cinnamon Roll Bacon Or Assorted Cereal Parfait/Smoothie Juice Assorted Fresh and Cupped Fruit Milk	13 Breakfast Sandwich or Cereal Assorted Juice Assorted Fresh and Cupped Fruit Milk	14 Donut or Cereal Assorted Juice Assorted Fresh and Cupped Fruit Milk	15 Yogurt Breakfast or Cereal Assorted Juice Assorted Fresh and Cupped Fruit Milk	16 Breakfast Wrap Hash Brown Patty or Cereal Parfait/Smoothie Juice Assorted Fresh and Cupped Fruit Milk Banana
19 Cinnamon Roll Bacon Or Assorted Cereal Parfait/Smoothie Juice Assorted Fresh and Cupped Fruit Milk	20 Breakfast Sandwich or Cereal Assorted Juice Assorted Fresh and Cupped Fruit Milk	21 Donut or Cereal Assorted Juice Assorted Fresh and Cupped Fruit Milk	22 Yogurt Breakfast or Cereal Assorted Juice Assorted Fresh and Cupped Fruit Milk	23 Pancakes Sausage Links Syrup or Cereal Parfait/Smoothie Juice Assorted Fresh and Cupped Fruit Milk Or Oatmeal
26 Cinnamon Roll Bacon Or Assorted Cereal Parfait/Smoothie Juice Assorted Fresh and Cupped Fruit Milk	27 Breakfast Sandwich or Cereal Assorted Juice Assorted Fresh and Cupped Fruit Milk	28 Donut or Cereal Assorted Juice Assorted Fresh and Cupped Fruit Milk	29 Yogurt Breakfast or Cereal Assorted Juice Assorted Fresh and Cupped Fruit Milk	30 Breakfast Wrap Hash Brown Patty or Cereal Parfait/Smoothie Juice Assorted Fresh and Cupped Fruit Milk Banana

**All Breakfast Served with  
100% Juice / 1%Milk of Fat Free Chocolate Milk  
Fruit Parfait consist of: Fruit yogurt and granola**

**This Institution is an Equal Opportunity Provider**