



Lyndeborough Central School



MAY

Available Daily

- Fresh & Cupped Fruit
- Assorted Milk Varieties

For more information please contact  
 Food Service Director Megan Nantel 603-732-9192  
 FRES {LCS Breakfast} Site Coord Kristi Costello 603-732-9283  
 WLC {LCS Lunch} Site Coord Melodie Jones 603-732-9344  
<https://www.mymealtime.com/>

# LUNCH MENU

Note: Menus are subject to change without notice

Lunch Meal Prices  
 Reduced \$5.40  
 Paid \$3.05  
 Adult \$4.00  
 Milk alone \$.50

## Monday

## Tuesday

## Wednesday

## Thursday

## Friday

1  
NO SCHOOL TODAY  
Spring Break

2  
NO SCHOOL TODAY  
Spring Break

5  
Beef Taco  
Mexican street Corn  
Assorted Fresh and  
Cupped Fruit  
Grandma's Chocolate Chip  
Assorted Fresh  
Vegetables  
Milk

6  
Grilled Ham & Cheese  
Summer Pasta Salad  
Assorted Fresh and  
Cupped Fruit  
Assorted Fresh  
Vegetables  
Milk

7  
General Tso Chicken  
With Peppers & Onions  
Veggie Fried Rice  
Assorted Fresh and  
Cupped Fruit  
Assorted Fresh  
Vegetables  
Milk

8  
Crispy Fish Sandwich  
Lettuce  
Oven Fries  
Assorted Fresh and  
Cupped Fruit  
Assorted Fresh  
Vegetables  
Milk

9  
Pizza  
Garden Salad  
Assorted Fresh and  
Cupped Fruit  
Assorted Fresh  
Vegetables  
Milk

12  
Chicken Parmesan  
over Spaghetti  
Garlic Bread  
Green beans  
Assorted Fresh and  
Cupped Fruit  
Assorted Fresh  
Vegetables  
Milk

13  
Hamburger  
Or Cheeseburger  
Lettuce and Tomato  
Colossal Crinkle Fries  
Coleslaw  
Assorted Fresh and  
Cupped Fruit  
Assorted Fresh  
Vegetables  
Milk

14  
Chicken Tenders  
Pretzels  
Cheese Sauce  
Roasted Broccoli  
Assorted Fresh and  
Cupped Fruit  
Assorted Fresh  
Vegetables  
Milk

15  
Bosco Sticks  
Garden Salad  
Assorted Fresh and  
Cupped Fruit  
Assorted Fresh  
Vegetables  
Milk

16  
Early Release  
Grab and Go  
Italian Sub Or SBJ  
Baked Chips  
Assorted Fresh and  
Cupped Fruit  
Assorted Fresh  
Vegetables  
Milk

19  
Chicken Broccoli  
Alfredo with Penne  
Assorted Fresh and  
Cupped Fruit  
Assorted Fresh  
Vegetables  
Milk

20  
Beef and Veggie Lo Mein  
Sushi  
Assorted Fresh and  
Cupped Fruit  
Assorted Fresh  
Vegetables  
Milk

21  
Crispy or Spicy  
Chicken Pattie Sandwich  
Coleslaw  
Potato Smiles  
Assorted Fresh and  
Cupped Fruit  
Assorted Fresh  
Vegetables  
Milk

22  
Pizza  
Garden Salad  
Assorted Fresh and  
Cupped Fruit  
Assorted Fresh  
Vegetables  
Milk

23  
No School

26  
Memorial Day  
No school

27  
Hot Dog  
Baked Beans  
Macaroni Salad w/ Veggies  
Corn on the Cob  
Assorted Fresh and  
Cupped Fruit  
Assorted Fresh  
Vegetables  
Milk

28  
BBQ Chicken Wings  
Coleslaw  
Onion Rings  
Carrots Sticks  
Celery Sticks  
Assorted Fresh and  
Cupped Fruit  
Assorted Fresh  
Vegetables  
Milk

29  
Breakfast for Lunch  
Egg Scramble  
Hash Brown Patty  
Waffles  
Sausage Links  
Fruit Salad  
Syrup  
Assorted Fresh and  
Cupped Fruit  
Assorted Fresh  
Vegetables  
Milk

30  
Bosco Sticks  
Marinara Dipping Cup  
Garden Salad  
Assorted Fresh and  
Cupped Fruit  
Assorted Fresh  
Vegetables  
Milk

**Side/Entee Garden Salad Consist of:**

**Romaine lettuce Carrots Cucumbers, Tomatoes, Peppers, celery.:**

**Chicken choices: Teriyaki, Crispy, Italian, BBQ, Mandarin Orange.**

**Dressings: Golden Italian, Balsamic Vinaigrette, Raspberry Vinaigrette, Creamy Caesar, Ranch.**

**Cold Daily Options Boxes Entree s Ham and Cheese or Turkey and Cheese Wraps, Sunbutter and Jelly Sandwich, Pizza Lunchable or Fruit Parfait with a cheese stick and granola Mixture of Fresh and Cupped Fruit. Fresh vegetables with Dip offered daily**

**This Institution is an Equal Opportunity Provider**