



# Wilton-Lyndeborough Middle/High School

\*Breakfast will not be served Delayed openings\*

## JUNE



Fruits and Veggies are served daily.  
Choice of main Entree' or Fruit Parfait or Cereal  
: Each Student must take a cupped or fresh Fruit and or a  
Vegetable for their Breakfast  
We offer 100% Juice, 1% Milk and Fat Free Flavored Milk.



For more information please contact  
Food Service Director Megan Nantel 603-732-9192  
FRES {LCS Breakfast} Site Coord Kristi Costello 603-732 9283  
WLC {LCS Lunch} Site Coord Melodie Jones 603-732-9344  
<https://www.mymealtime.com/>

## BREAKFAST MENU

Note: Menus are subject to change without notice

Breakfast Prices Student \$1.80  
Reduced: FREE  
Milk or Juice alone \$.50  
Adult Breakfast: \$2.00

### Monday

2

Muffin  
Or Assorted Cereal  
Parfait/Smoothie  
Juice  
Assorted Fresh and  
Cupped Fruit  
Milk

### Tuesday

3

Breakfast Sandwich  
Or Assorted Cereal  
Parfait/Smoothie  
Juice  
Assorted Fresh and  
Cupped Fruit  
Milk

### Wednesday

4

French Toast  
Sausage Links  
Syrup  
Or Assorted Cereal  
Parfait/Smoothie  
Juice  
Assorted Fresh and  
Cupped Fruit  
Milk

### Thursday

5

Breakfast Wrap  
Hash Brown Patty  
Or Assorted Cereal  
Parfait/Smoothie  
Juice  
Assorted Fresh and  
Cupped Fruit  
Milk

### Friday

6

Variety of sliced Bread  
Or Assorted Cereal  
Parfait/Smoothie  
Juice  
Assorted Fresh and  
Cupped Fruit  
Milk

9

Assorted Cereal  
Juice  
Assorted Fresh and  
Cupped Fruit  
Milk

10

11

12

13

**All Breakfast Served with  
100% Juice / 1%Milk of Fat Free Chocolate Milk  
Fruit Parfait consist of: Fruit yogurt and granola  
This Institution is an Equal Opportunity Provider**