



Wilton-Lyndeborough
Middle/High School

MAY

Breakfast will not be served Delayed openings

Available Daily:

- Fresh Fruit
- Cupped Fruit
- Juice
- Assorted Milk

For more information please contact
Food Service Director Megan Nantel 603-732-9192
FRES (LCS Breakfast) Site Coord Kristi Costello 603-732-9283
WLC (LCS Lunch) Site Coord Melodie Jones 603-732-9344
<https://www.mymealtime.com/>

BREAKFAST MENU

Note: Menus are subject to change without notice

Breakfast Prices Student \$1.80
Reduced: FREE
Milk or Juice alone \$.50
Adult Breakfast: \$2.00

Monday

Tuesday

Wednesday

Thursday

Friday

5

Muffin
Or Assorted Cereal
Parfait/Smoothie
Juice
Assorted Fresh and
Cupped Fruit
Milk

6

Breakfast Sandwich
Or Assorted Cereal
Parfait/Smoothie
Juice
Assorted Fresh and
Cupped Fruit
Milk

7

French Toast
Sausage Links
Syrup
Or Assorted Cereal
Parfait/Smoothie
Juice
Assorted Fresh and
Cupped Fruit
Milk

1

NO SCHOOL TODAY
Spring Break

2

NO SCHOOL TODAY
Spring Break

8

Breakfast Wrap
Hash Brown Patty
Or Assorted Cereal
Parfait/Smoothie
Juice
Assorted Fresh and
Cupped Fruit
Milk

9

Variety of sliced Bread
Or Assorted Cereal
Parfait/Smoothie
Juice
Assorted Fresh and
Cupped Fruit
Milk

12

Cinnamon Roll
Bacon
Or Assorted Cereal
Parfait/Smoothie
Juice
Assorted Fresh and
Cupped Fruit
Milk

13

Breakfast Sandwich
Or Assorted Cereal
Parfait/Smoothie
Juice
Assorted Fresh and
Cupped Fruit
Milk

14

French Toast
Sausage Links
Syrup
Or Assorted Cereal
Parfait/Smoothie
Juice
Assorted Fresh and
Cupped Fruit
Milk

15

Breakfast Wrap
Hash Brown Patty
Or Assorted Cereal
Parfait/Smoothie
Juice
Assorted Fresh and
Cupped Fruit
Milk

16

Variety of sliced Bread
Or Assorted Cereal
Parfait/Smoothie
Juice
Assorted Fresh and
Cupped Fruit
Milk

19

Muffin
Or Assorted Cereal
Parfait/Smoothie
Juice
Assorted Fresh and
Cupped Fruit
Milk

20

Breakfast Sandwich
Or Assorted Cereal
Parfait/Smoothie
Juice
Assorted Fresh and
Cupped Fruit
Milk

21

French Toast
Sausage Links
Syrup
Or Assorted Cereal
Parfait/Smoothie
Juice
Assorted Fresh and
Cupped Fruit
Milk

22

Breakfast Wrap
Hash Brown Patty
Or Assorted Cereal
Parfait/Smoothie
Juice
Assorted Fresh and
Cupped Fruit
Milk

23

Variety of sliced Bread
Or Assorted Cereal
Parfait/Smoothie
Juice
Assorted Fresh and
Cupped Fruit
Milk

26

Cinnamon Roll
Bacon
Or Assorted Cereal
Parfait/Smoothie
Juice
Assorted Fresh and
Cupped Fruit
Milk

27

Breakfast Sandwich
Or Assorted Cereal
Parfait/Smoothie
Juice
Assorted Fresh and
Cupped Fruit
Milk

28

French Toast
Sausage Links
Syrup
Or Assorted Cereal
Parfait/Smoothie
Juice
Assorted Fresh and
Cupped Fruit
Milk

29

Breakfast Wrap
Hash Brown Patty
Or Assorted Cereal
Parfait/Smoothie
Juice
Assorted Fresh and
Cupped Fruit
Milk

30

Variety of sliced Bread
Or Assorted Cereal
Parfait/Smoothie
Juice
Assorted Fresh and
Cupped Fruit
Milk

**All Breakfast Served with
100% Juice / 1%Milk of Fat Free Chocolate Milk
Fruit Parfait consist of: Fruit yogurt and granola**

This Institution is an Equal Opportunity Provider