



WILTON-LYNDEBOROUGH
MIDDLE SCHOOL AND HIGH
SCHOOL

MAY

"A la carte" items are individual snacks/ice cream and are priced and ordered separately

Available
Daily

- Fresh & Cupped Fruit
- Assorted Milk Varieties

For more information please contact
Food Service Director Megan Nantel 603-732-9192
FRES {LCS Breakfast} Site Coord Kristi Costello 603-732 9283
WLC {LCS Lunch} Site Coord Melodie Jones 603-732-9344
<https://www.mymealtime.com/>

LUNCH MENU

Note: Menus are subject to change without notice

Lunch Meal Prices
Reduced \$.40
Paid \$3.05
Adult \$4.00
Milk alone \$.50

Monday

Tuesday

Wednesday

Thursday

Friday

1

2

3

4

5

6
Beef Taco
Mexican street Corn
Assorted Fresh and
Cupped Fruit
Grandma's Chocolate Chip
Assorted Fresh
Vegetables
Milk

7
Grilled Ham & Cheese
Summer Pasta Salad
Assorted Fresh and
Cupped Fruit
Assorted Fresh
Vegetables
Milk

8
General Tso Chicken
With Peppers & Onions
Veggie Fried Rice
Assorted Fresh and
Cupped Fruit
Assorted Fresh
Vegetables
Milk

9
Crispy Fish Sandwich
Lettuce
Oven Fries
Assorted Fresh and
Cupped Fruit
Assorted Fresh
Vegetables
Milk

10
Pizza
Garden Salad
Assorted Fresh and
Cupped Fruit
Assorted Fresh
Vegetables
Milk

11
Chicken Parmesan
over Spaghetti
Garlic Bread
Green beans
Assorted Fresh and
Cupped Fruit
Assorted Fresh
Vegetables
Milk

12
Hamburger
Or Cheeseburger
Lettuce and Tomato
Colossal Crinkle Fries
Coleslaw
Assorted Fresh and
Cupped Fruit
Assorted Fresh
Vegetables
Milk

13
Chicken Tenders
Pretzels
Cheese Sauce
Roasted Broccoli
Assorted Fresh and
Cupped Fruit
Assorted Fresh
Vegetables
Milk

14
Bosco Sticks
Garden Salad
Assorted Fresh and
Cupped Fruit
Assorted Fresh
Vegetables
Milk

15
Early Release
Grab and Go
Italian Sub Or SBJ
Baked Chips
Assorted Fresh and
Cupped Fruit
Assorted Fresh
Vegetables
Milk

16
Chicken Broccoli
Alfredo with Penne
Assorted Fresh and
Cupped Fruit
Assorted Fresh
Vegetables
Milk

17
Beef and Veggie Lo Mein
Sushi
Assorted Fresh and
Cupped Fruit
Assorted Fresh
Vegetables
Milk

18
Crispy or Spicy
Chicken Pattie Sandwich
Coleslaw
Potato Smiles
Assorted Fresh and
Cupped Fruit
Assorted Fresh
Vegetables
Milk

19
Pizza
Garden Salad
Assorted Fresh and
Cupped Fruit
Assorted Fresh
Vegetables
Milk

20
No School

21
Memorial Day
No school

22
Hot Dog
Baked Beans
Macaroni Salad w/ Veggies
Corn on the Cob
Assorted Fresh and
Cupped Fruit
Assorted Fresh
Vegetables
Milk

23
BBQ Chicken Wings
Coleslaw
Onion Rings
Carrots Sticks
Celery Sticks
Assorted Fresh and
Cupped Fruit
Assorted Fresh
Vegetables
Milk

24
Breakfast for Lunch
Egg Scramble
Hash Brown Patty
Waffles
Sausage Links
Fruit Salad
Syrup
Assorted Fresh and
Cupped Fruit
Assorted Fresh
Vegetables
Milk

25
Bosco Sticks
Marinara Dipping Cup
Garden Salad
Assorted Fresh and
Cupped Fruit
Assorted Fresh
Vegetables
Milk

Side/Entree Garden Salad Consist of: Romaine lettuce Carrots Cucumbers, Tomatoes, Peppers, celery.: Chicken choices: Teriyaki, Crispy, Italian, BBQ, Mandarin Orange. Dressings: Golden Italian, Balsamic Vinaigrette, Raspberry Vinaigrette, Creamy Caesar, Ranch. Cold Daily Options Boxes Entree s Ham and Cheese or Turkey and Cheese Wraps, Sun butter and Jelly Sandwich, Pizza Lunchable or Fruit Parfait with a cheese stick and granola Mixture of Fresh and Cupped Fruit. Fresh vegetables with Dip offered daily

This Institution is an Equal Opportunity Provider