

# FREE Meals for YOUR CHILDREN Supports OUR SCHOOLS

Your participation helps the WHOLE COMMUNITY get more income

*When your child participates, our schools get more income!* Our district receives funding from the state and federal government for each and every meal we serve.

Meals are available for ALL CHILDREN in the community

This program is available to all children aged 0-18 in the towns of Wilton and Lyndeborough, whether or not they are students in the district. Your child accepting a meal does not mean another child will miss out—there is enough for all!

Remote pick-up service is available weekly

If your children are learning at home, or are not students in our district, you can pick up a meal pack of 5 breakfasts and 5 lunches on a weekly basis at the WLC high school. Sign-ups are required. Forms available at [sau63.org](http://sau63.org).

Free meals help lower your grocery budget

Taking advantage of free breakfast and lunch for your children can help take some strain off your grocery bill while supporting the community at the same time.

The image shows a detailed application form titled "2020-2021 Household Application for Free and Reduced Price School Meals". It includes sections for listing household members, reporting income, and providing contact information. The form is divided into four main steps: STEP 1 (List All Household Members), STEP 2 (Do any Household Members currently participate in one or more of the following assistance programs?), STEP 3 (Report Income for All Household Members), and STEP 4 (Contact Information and Adult Signature).

## No application is required, BUT...

When you complete a Meal Benefit application, you help our schools qualify for continued funding that supports ALL students in our district. Pick up an application at your school or download from [sau63.org](http://sau63.org).

(Select For Parents/Food Services/Meal Benefit Forms)



Increased funding to ensure students receive the support they need to receive a world-class education



Funding for SAT, PSAT, and Academic Testing



Free delicious and nutritious meals for your children



For more information, please contact:  
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Wilton-Lyndeborough Cooperative School District is an Equal Opportunity Provider