

Wilton-Lyndeborough Cooperative School District
School Administrative Unit #63

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Greetings,

We have made it through the first week of school with many of our students back in the buildings. It is good to hear the sounds of their voices and to see their smiles even through the masks that we are all wearing. There have been a few things that we needed to iron out but pretty much the first week went very well, thank you to all.

Our school nurses play a key role in having students back in the buildings. These three people are working hard to ensure the safety of all students and staff. I wanted to remind parents that the protocol we are following in determining how and when students and staff need to be excluded being present in the buildings.

Excluding students/staff from school

- Anybody with new or unexplained symptoms, even if only mild symptoms (Nurses may have knowledge of those students who have seasonal allergies as described through documentation from a medical service provider and will make a determination as to the best course of action during allergy season.) The symptoms include: fever, chills, cough, shortness of breath, fatigue, muscle or body ache, headache, new loss of taste or smell, sore throat, congestion or runny nose, nausea or vomiting, diarrhea, abdominal pain.
- Anybody who reports close contact with a person with a suspected or confirmed case of COVID-19
- Anybody who has traveled outside of the NE in the prior 14 days
- Siblings of students who are undergoing testing for highly suspect symptoms

How Long Does a Person Need to Stay Out of School for:

- Symptomatic and confirmed with COVID-19
 - May return if a verified negative test for COVID-19 or
 - At least 10 days have passed since symptoms first appeared, AND
 - At least 24 hours have passed since last fever (off fever reducing meds), AND
 - symptoms have improved

This has been an agreed upon protocol that is recommended by the New Hampshire School Nurses Association, the New Hampshire Department of Public Health and the New Hampshire Department of Education.

It is understood that this is a stringent protocol and it may seem to some that this is an over-reaction to what could be a cold or a stomach bug. The times we are in call for a strong response to this virus and the District is following the recommendations of our state officials. Our staff have always been essential workers but never more than now, we need to keep them safe along with your children. If you have a concern about a decision that is made by our school nurses, please direct that concern to the building Principal or myself.

Thank you,

Bryan K. Lane