

IHAM-R

HEALTH AND SEX EDUCATION EXEMPTION/OBJECTIONABLE COURSE MATERIAL: OPT-OUT FORM

I, _____ (parent/guardian) request that my child, _____
be excused from participating in certain units of health or sex education instruction **or that I
object to the course material described below** based on religious objection **or other**.

I request that the District waive the class attendance of my child in a class or courses on:

☐ Comprehensive sex education. ~~including in grades 6-12, instruction on the prevention,
transmission, and spread of AIDS.~~

☐ Family life instruction. ~~in grades 6-12, instruction on the prevention, transmission, and
spread of AIDS.~~

☐ In grades 6-12, instruction on the prevention, transmission, and spread of AIDS **and other
sexually transmitted diseases.**

☐ Instruction on diseases.

☐ Recognizing and avoiding sexual abuse.

☐ Instruction on donor programs for organ/tissue, blood donor, and transplantation.

Please identify the grade level, class, and building:

or

**I object to this course material being used for my child's education: (describe the specific course
material in detail):**

I understand that I am requesting the school to excuse my child from certain units of curriculum
or specific course materials that are required by state law. I further understand that in lieu of
receiving instruction in this unit of health education, my child may be required to receive
alternative learning in health education that is sufficient to enable my child to meet state
requirements for health education. I further understand that this opt-out exemption is only valid
for the school year in which it is signed and subsequent waivers may be necessary. **See RSA
186:11, IX-e (as amended in 2017).**

Parent/Guardian Signature

Administrator Signature

Date Received _____

This form is exempt from disclosure under the Right-to-Know law, RSA Chapter 91-A. RSA
186:11, IX-e.

First Reading: May 11, 2010
Second Reading: June 2, 2010
Final Adoption: June 2, 2010
Revised:

DRAFT